



# **Andrew Palileo**Head Coach

Andrew Palileo (paw-leh-lay-oh) became the 11th head coach for volleyball at Washington State University when Director of Athletics Jim Sterk announced his appointment April 15, 2008.

"Andrew Palileo has all of the qualities we were striving for in a head coach at Washington State. He is focused, ethical, passionate, experienced and goal-oriented," Sterk said. "Andrew has proven to be a successful head coach and has demonstrated his ability to elevate programs to be nationally competitive. He will strive for excellence on and off the court while keeping a strong commitment to the wellbeing of the student-athletes. I am confident that Andrew will make every effort to provide our Cougar women with the best student-athlete experience in the country. He is a great fit for WSU Athletics and the Pullman community."

Palileo arrived at Washington State after an outstanding seven-year head coaching career at South Dakota State where he led the Jackrabbits through a successful transition from NCAA Division II to Division I. He accumulated 154 wins and 86 losses in the seven years at South Dakota State and has a career record of 239-141.

The 2007 season was a special one for South Dakota State and Palileo. The Jacks won the Summit League regular season title for the first time, won the conference tournament volleyball championship for the first time, and made an historic first trip to the NCAA Championship Tournament. Palileo was named the 2007 Summit League Coach of the Year and the squad broke or tied 23 team or individual records during its historic 2007 season.

As NCAA Div. I independent members in 2004-2006, the Jackrabbits captured second place in the All-Independent Tournament Championships in both 2005 and 2006, with

**Born:** October 23, 1967

Hometown: Honolulu, Hawai'i

**High School:** Waipahu High

**College:** Crown College '91 - BA Missiology, '95 - BA Social Science/Secondary

Education; Bethel University '00 - MA Educational Leadership

**Coaching Experience:** 

Washington State University, Head Coach (appointed 2008)

South Dakota State University, Head Coach (2001-2007)

Bethel University, Head Coach (1997-2000)

Club SoDa, Head Coach (2002-2008)

Heartland Adidas Select Program, Head Coach (1997-2001)

Midwest Instructor Elite Camps, Head Coach (1997-2007)

Crosstown Junior Olympics, Edina High (Minn.), Director (1993-97)

Waconia High (Minnesota), Junior Varsity Head Coach (1986-90)

**Spouse:** Wendy

**Children:** Sons Ashton (7/12/92), Austin (6/15/94), and A.J. (7/31/00), and daughter Alyvia (9/16/96)

three players selected to the All-Independent Team in 2005, and four selected in 2006. During the 2004 season an SDSU player was selected to the All-Independent first team and another was named Freshman of the Year. His South Dakota State teams have earned American Volleyball Coaches Association (AVCA) team academic honors in 2004, 2005 and 2006.

Under Palileo's direction, the South Dakota State volleyball team reached the NCAA Div. II Regional Final match in 2002, and was the national championship runner-up in 2001 with the national player of the year. The 2002 team had two AVCA All-Americans, two Daktronics All-Americans, the Daktronics Libero of the Year, three All-North Central Conference first team players, the NCC Defensive Player of the Year, and the NCC Freshman of the Year. The 2001 team had an AVCA All-American setter and the NCC Defensive Player of the Year.

Palileo coached volleyball at Bethel University (St. Paul, Minn.) from 1997-2000, where he had an 85-53 record in four seasons, the best four-year record in school history. His team was the Minnesota Intercollegiate Athletic Conference (MIAC) 1999 Tournament Champions and played in the NCAA Div. III Championship Tournament. He was named the NCAA Div. II North Central Region Coach of the Year in 2001, and the 1999 NCAA Div. III MIAC Coach of the Year. He coached the 1999 MIAC player of the year. While at Bethel, he produced eight first-team all-conference players, a first-team All-American and two academic All-Americans.



Andre	w Palileo Year-By-Year Record			
1997	Bethel College (Minn.)	21-14 (.600)		
1998	Bethel College (Minn.)	20-15 (.571)		
1999	Bethel College (Minn.)	25-12 (.676)		
2000	Bethel College (Minn.)	19-14 (.576)		
2001	South Dakota State	28-6 (.824)		
2002	South Dakota State	28-7 (.800)		
2003	South Dakota State	13-19 (.406)		
2004	South Dakota State	22-12 (.647)		
2005	South Dakota State	16-19 (.457)		
2006	South Dakota State	22-12 (.647)		
2007	South Dakota State	25-11 (.694)		
Career	Record:	239-141 (.629)		

In addition to collegiate volleyball coaching, Palileo has coached the Club SoDa 18s volleyball team in Brookings, S.D., from 2002-2008, and was the Heartland Adidas Select Volleyball Program 18s head coach for five years in Minneapolis, Minn. He served as the director of the Crosstown Junior Olympics at Edina High (Minn.) from 1993-97, and was the head JV coach at Waconia (Minn.) High from 1986-90.

A highly-regarded clinician, Palileo has also been the head coach of the Midwest Volleyball Instructor Elite Camps since 1997. He is the president of the Board of Directors of the North County Region USA Volleyball organization.

Originally from Hawai'i, Palileio is a graduate of Crown College (St. Bonifacius, Minn.), Palileo received his bachelor of arts degree in missiology in 1991 and a bachelor of arts

degree in social science/secondary education in 1995. He went on to earn a masters degree in Educational Leadership from Bethel University (St. Paul, Minn.) in 2000.

Palileo and his wife, Wendy, have three sons, Ashton (7/12/92), Austin (6/15/94), and A.J. (7/31/2000), and one daughter, Alyvia (9/16/96).

Favorite food? Teriyaki chicken

Favorite TV show? ESPN SportsCenter

**What is your coaching philosophy?** We train and practice hard so we can execute and have fun playing during the matches. Practices are about getting better technically and matches are about executing the game plan and allowing players to play. I want the players to compete on every play.

What is your most over used phrase? "I'm not saying I'm just saying"

**One interesting fact about yourself?** Went to Africa (Ivory Coast) in 1998 for six weeks with men's volleyball team from Crown College

**What are your goals for the program?** 1. To graduate student-athletes 2. To play the game hard 3. To compete for championships

Shoes or no shoes? NO SHOES

Favorite snack food? Brownies

One thing you can not live without? Dental floss

Favorite vacation spot? Hawaii

**What do you look for in a potential recruit?** In recruiting quality student-athletes, I especially want players who possess character and integrity first, with the hope of them becoming great people and great volleyball players.

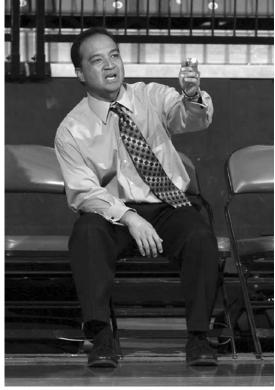
Favorite movie? Princess Bride

If you had one wish what would you wish for? Nothing right now

**What makes WSU a unique place?** Pullman is a great community where student-athletes are recognized for their achievements but most importantly their effort. The fan support provides the student-athlete a home away from home by developing great relationships with people.











# **Brian Lamppa**Associate Head Coach

in school history and the first time the team had finished above .500 in 25 years. Lamppa was named the 2004 NCAA Div. II North Central Conference Coach of the Year for his efforts.

Lamppa has mentored seven All-NCC and two All-Region players, as well as USD's first league Most Valuable Player, Becky Olson. He also coached Amber Kobus, who was named the NCC Defensive Player of the Year in both 2006 and 2007.

Before joining the coaching staff at USD in 2003, Lamppa spent four seasons at the helm of Loras College in Dubuque, Iowa. He led the NCAA Division III Duhawks to an overall record of 98-45, which was the best four-year run in school history. In each of his four years at Loras, Lamppa led his team to 20-win seasons. Lamppa was named the 2002 IIAC Coach of the Year after a third-place finish in the Iowa Intercollegiate Athletic Conference and an outstanding 32-7 record. He developed three all-conference selections during his tenure at Loras College, including the 2002 IIAC Player of the Year.

In addition to his success on the court, Lamppa's squads excelled in the classroom. In both the 1999 and 2000 seasons, Loras had a team GPA of 3.3 and the following season the team boasted a 3.4 GPA.

Lamppa served as a graduate assistant coach at Loras during the 1998-99 academic year and coached the 18s Courtmaster's Volleyball Club during that same time period. While at Loras College, Lamppa also taught several physical education classes, including theory of coaching volleyball, and served as the Director of Intramurals. He was also an IMPACT Clinic Instructor for USA Volleyball from 2001 to 2003. Lamppa has also been head junior varsity and assistant varsity coach at Caledonia High School in Michigan.

Lamppa is a
1998 graduate of
Cornerstone University
(Grand Rapids,
Mich.), where he
earned a Bachelor of
Arts degree in K-12
Education/Physical
Education. He went
on to earn a masters
degree in physical
education from Loras
College in 2000.

Lampaa and his wife, Rachel, have a son, Elijah (7), and a daughter, Brynn (3).

Brian Lamppa joined the Cougar Volleyball staff in April 2008 as associate head coach.

Lamppa comes to WSU after five seasons as head coach at the University of South Dakota where he guided the Coyotes to the NCAA Div. II Championship Tournament in both 2004 and 2007. The 2007 squad also set the school record for wins in a season, finishing 23-9.

His Coyote coaching tenure began with back-to-back 18 win seasons in 2003 and 2004. The 18 victories in both years tied a school record for wins in a season, set in 1976 and again in 1977. The Coyotes also set the record in 2007 for the longest winning streak in school history after going 14-0 at the start of the season. The 2004 squad posted an 18-14 overall record and a 9-3 mark in league play. That record was the best final conference standing

**Born:** August 8, 1973

**Hometown:** Calumet, Michigan **High School:** Lake Linden-Hubbell High

**College:** Cornerstone University '98 - B.A. Physical Education; Loras

College '00 - MA Physical Education

**Coaching Experience:** 

Washington State University, Associate Head Coach (appointed 2008)

University of South Dakota, Head Coach (2003-08)

IMPACT Clinic Instructor, USA Volleyball Iowa Region (2001-03) Loras College, Head Coach (1999-2003); Graduate Assistant Coach

Courtmaster's Volleyball Club, Dubuque, Iowa, Head Coach 18s (1998-

NEAC Spikers Volleyball Club, Grand Rapids, Mich., Head Coach 18s (1996-98)

**Spouse:** Rachel

Children: son Elijah (10/26/00); daughter Bryn (6/5/05)



# **TeAna Tramel**Assistant Coach

**Born:** November 19, 1980 **Hometown:** El Paso, Texas **High School:** Las Cruces High

**College:** University of Louisiana at Monroe (1999-2001); New Mexico State University '03 - B.S. in Health Science and Physical Education;

South Dakota State '05 - M.S. in Sports Administration

**Coaching Experience:** 

Washington State University, Assistant Coach (appointed 2008)
Bethany College, Kansas, Head Coach, assistant athletic director, game administrator (2006-08)

Cameron University, Head Coach, anatomy and physiology instructor (2005-06)

South Dakota State, Graduate Assistant Coach, wellness supervisor, instructor (2003-05)

New Mexico State - Undergraduate Assistant Coach (2003)

Spouse: Matt

Assistant Coach TeAna Tramel came to Pullman in April 2008 after two years as head volleyball coach and assistant athletic director at Bethany College in Lindsborg, Kan.

Tramel led her 2006 volleyball squad to a 24-9 record, which marks the most wins in a single season at Bethany College. The Swedes also earned their first regional ranking in school history during the 2006 season.

Tramel served as the head coach at Cameron University (Lawton, Okla.) from 2005-2006. Prior to that, she was a graduate assistant coach to Andrew Palileo and a wellness supervisor at South Dakota State University from 2003-2005. She assisted South Dakota State in the transition from NCAA Div. II to NCAA Div. I athletics.

Tramel worked as an undergraduate assistant coach at New Mexico State University during the spring of 2003, where she coordinated individual workouts, organized summer camps and assisted with strength and conditioning practices.

As TeAna Crutcher, she played volleyball at the University of Louisiana at Monroe from 1999-2001. She was a two-year volleyball letterwinner and a member of the All-Southland Conference team. Tramel completed her playing career at New Mexico State University (2001-2003). At NMSU, Tramel was a two-year volleyball letterwinner and a two-time Sun Belt Conference All-Academic team member.

Off the court, Tramel has been a health and physical education instructor at Cameron University and South Dakota State. She is also a member of the American Volleyball Coaches Association, National

Strength and Conditioning Association and the Student Athlete Advisory Committee.

Tramel received her Bachelor of Science degree from New Mexico State in 2003 and went on to earn her Masters of Science degree in sports administration from South Dakota State in 2005.

Her husband, Matt Tramel, came to Pullman after a very successful five-year stint as the head baseball coach at Bethany College.







# Kristina Martin Operations Coordinator

Kristina Martin begins her first year as the Cougar volleyball operations coordinator after a highly successful playing career at South Dakota State.

Martin was a four-year starter as a right side hitter for coach Andrew Palileo at SDSU. She led the Jackrabbits to three winning seasons, the 2007 Summit League Championship, and their debut in the NCAA Division I Championship tournament. She was named the Division I Independent Newcomer of the Year and earned second-team all-independent honors as a freshman. During her sophomore and junior years, Martin was tabbed to the Division I All-Independent first-team. She also earned All-Summit League first-team accolades as a senior. Martin was selected to numerous all-tournament teams throughout her career with the Jacks.

Martin holds the school record for career kills with 1,765 and is just the fifth player in school history to reach both 1,000 kills and

1,000 digs in a career. She also reached SDSU records for most kills in a five-game match (36, 2007) and most kills in a four-game match (33, 2006). Her 271 block assists is ninth on the school all-time list.

Not only outstanding on the court, Martin has solid credentials in the classroom and was a 2007 selection to the Academic All-Summit League Team.

Originally from Hubertus, Wis., Martin played on back-to-back state championship volleyball teams at Kettle Moraine Lutheran High in Jackson, Wis. She was named the Parkland Conference and Washington County Player of the Year in 2003 and was an all-state honorable mention selection in both 2002 and 2003. While in high school Martin played on the Power club teams in West Bend and Madison. She was a two-time all-conference player in basketball, finishing her career fifth on the school's scoring chart and second in rebounding. She also lettered in soccer and track.

Martin is a 2008 graduate of South Dakota State, earning a degree in consumer affairs.



# Pam Bradetich Senior Associate Director of Athletics

Pam Bradetich has been involved with college athletics for over 30 years, first as a student-athlete at the University of Idaho, then as an assistant and head volleyball coach at Idaho, and now as an administrator at Washington State University. She is originally from Sandpoint, Idaho, and graduated from the University of Idaho with an undergraduate degree in education and a master's degree in sports science, with an emphasis in athletic administration.

Bradetich came to WSU in 1989 as an intern for event operations. In 1994, she moved from her director of event operations position to the academic and compliance unit as the director of academics and compliance. In the summer of 1998, the academic unit was restructured to place a greater emphasis

on career services. With this change, Bradetich became the assistant athletic director for academic and career services. She was named associate director of athletics two years later where she oversaw the development and implementation of a comprehensive academic support, personal development, and career services program to assist student-athletes identify and meet academic goals leading to graduation, career, and professional development.

In 2007 Bradetich was elevated to Senior Associate Director of Athletics. Among her duties, Bradetich oversees the volleyball and swimming programs, as well as academic support services, athletic training services, and strength and conditioning. She also assists the director of athletics with coordinating educational opportunities and professional development for Cougar coaches and sport supervisors.



Cynthia Prieto Academic Counselor



Andy Dephtereos Academic Counselor



Barb Russell Athletic Trainer



Nate Weber Equipment Manager



Cori Metzgar-Deacon Strength Coach



Linda Chalich Sports Information



Theresa Balam Student Athletic Trainer



Ali McCoy Student Equipment Manager

#### **Cougar Volleyball Radio Schedule**

Cougar volleyball fans can listen to all the road contests during the 2008 season. Longtime sports broadcaster Steve Grubbs, will be the voice of the Cougar volleyball radio broadcasts for the fourth season.

Fans living in the Palouse can tune into KQQQ-AM radio (1150 AM). Fans living outside the Pullman-Moscow area can tune into live radio feeds on the internet. To reach the web connection go to the official Washington State University Athletics web site at www.wsucougars. com, click on the audio/video link on the left-side menu and go to the College Sports Pass subscription information at the top of the page. Fans can sign-up for a monthly or year-long subscription at very reasonable rates to listen to Cougar Athletic events through the internet broadcasts.





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#### **Washington State University Numerical Roster**

No.	Name	Pos.	Ht.	Yr.	Exp.	Hometown (School)
1	Breann Nesselhuf	S	5-9	FR	HŠ	Swink, Colo. (Swink High)
2	Jackie Albright	OH	6-0	JR	2V	Lake Forest, Calif. (El Toro High)
3	Emily Rooney	MB	6-1	SR	TR	Red Wing, Minn. (Red Wing High/So. Dakota State)
4	Amy Small	DS	5-6	SR	1V	Pullman, Wash. (Pullman High/Walla Walla CC)
5	Faith Hutcherson	DS	5-3	SO	1V	Redmond, Wash. (Mount Si High)
6	Annie Adams	OH	6-3	SO	TR	Deerwood, Minn. (Crosby-Ironton High/So. Dakota State)
7	Catie Schuetzle	OH	5-8	JR	HS	Spokane, Wash. (Shadle Park High)
8	Kelly Hyder	DS/L	5-9	JR	2V	Huntington Beach, Calif. (Edison High)
9	Meagan Ganzer	OH	6-3	FR	HS	Black Diamond, Wash. (Tahoma High)
10	Kimika Rozier	OH	5-10	RS-FR	RS	Murrieta, Calif. (Vista Murrieta High)
11	Stephanie Weishaar	DS/L	5-3	SR	3V	Camas, Wash. (Camas High)
12	Cassie Robbins	MB	6-3	JR	2V	Yakima, Wash. (Eisenhower High)
13	Bree Flach	DS/L	5-7	FR	HS	Shabbona, Ill. (Indian Creek High)
14	Tangerine Wiggs	OH	6-2	FR	HS	Seattle, Wash. (Holy Names Academy)
16	Renee Bordelon	S	5-10	JR	TR	Coeur d'Alene, Idaho (Lake City High, N. Idaho Col.)
19	Brittany Johnson	OH	5-9	SR	3V	Phoenix, Ariz. (Washington High)
21	Brittany Tillman	MB	6-1	SO	1V	Tacoma, Wash. (Lakes High)

#### **Alphabetical Roster**

- 6 Annie Adams
- 2 Jackie Albright
- 16 Renee Bordelon
- 13 Bree Flach
- 9 Meagan Ganzer
- 5 Faith Hutcherson
- 8 Kelly Hyder
- 19 Brittany Johnson
- 1 Breann Nesselhuf
- 12 Cassie Robbins
- 3 Emily Rooney
- 10 Kimika Rozier
- 7 Catie Schuetzle
- 4 Amy Small
- 21 Brittany Tillman
- 11 Stephanie Weishaar
- 14 Tangerine Wiggs

#### Volleyball Staff Head Coach

Andrew Palileo (First year)

#### **Associate Head Coach**

Brian Lamppa

#### **Assistant Coach**

TeAna Tramel

#### **Operations Coordinator**

Kristina Martin

#### **Pronunciation Guide**

- #1 Bree-ann Nessel-huff
- #7 Catie Shoots-lee
- #8 Kelly High-der
- #10 Kah-me-kah Rows-ear
- #11 Stephanie wise-HARR
- #12 Cass-EE Robbins
- #13 Bree Flock
- #16 Renee Bore-deh-lawn

